



BODYCONTOUR
COSMETIC SURGERY

Restylane™

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What is Restylane™?

Restylane™ is a gel that is injected into the skin in order to lift up wrinkles or folds or to add volume to the lips.

When Restylane™ is injected into the skin, the wrinkle is lifted.

How was Restylane™ developed?

In 1994, after more than 20 years of research, Dr Bengt Agerup and his company Q Med in Uppsala, Sweden managed to develop a way of using a non animal hyaluronic acid to replace lost skin tissue. Before this, collagen made from cow skin and hyaluronic acid made from rooster combs had been used.

What is hyaluronic acid?

Hyaluronic acid is a natural substance that is found throughout the body. It gives, for example, volume to the skin, lubricates the joints and gives the eye its shape.

How does Restylane™ work?

Restylane™ adds volume to the skin. A physician injects small amounts of Restylane™ directly into the skin and it lifts up the wrinkle or gives more volume to the lips. Wrinkles can be raised to the level of the surrounding skin and the contours of the lips can be enhanced to the desired level.

What kind of wrinkles can be treated?

The most common areas are the glabellar lines (between the eyebrows), the nasolabial folds (from the wing of the nose to the angle of the mouth) and the lips, but other sites can also be treated.

What results can be obtained from lip treatment?

The vermillion border can be accentuated and the lips can be given more volume.

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What areas cannot be helped by Restylane™?

Very deep wrinkles and some types of acne scars cannot usually be treated with this material. Also, very superficial wrinkles may be difficult to correct.

What is treatment with Restylane™ like?

Treatment with Restylane™ is a very easy and quick process. Since no pre test is needed, the treatment can be carried out immediately and takes about 30 minutes. The result is instant. Restylane™ is injected with a very thin needle.

Can Restylane replace surgical procedures?

No. People with excess facial skin or people who want a major resurfacing of the skin cannot be helped with Restylane™. However, Restylane™ is sometimes used in conjunction with surgery to fill out wrinkles that cannot be removed by surgery.

Do the injections hurt?

This is very individual depending on how sensitive to pain you are. The injections may prick a little but normally no anaesthesia is needed for the treatment of wrinkles and folds. Most people report that the injections are relatively painless. Lip treatment is quite uncomfortable and therefore a nerve block or some similar anaesthetic is normally used.

Can the material be removed?

No, but since Restylane™ is a natural material it dissolves with time. If you feel insecure about the desired result, it is possible to have the treatment done in steps on different occasions.

Is it safe?

The hyaluronic acid in Restylane™ is almost identical to that already present in the body. Also, since the hyaluronic acid in Restylane™ is not made from animals, there is no risk of transmitting diseases from animals or eliciting allergic reactions to common foodstuffs such as eggs, meat or chicken.

Immediately after, the treatment site can be slightly swollen and red. This is a normal result of the injection, and generally goes away in a day or two after injection into the skin and within a week after injection into the lips. Other types of reactions are very uncommon, but about 1 in 2000 persons have experienced

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transient swelling, redness and tenderness at or near the treatment site(s) up to several weeks after treatment.

Are there any other types of reactions that may occur?

Yes. If you have previously suffered from facial cold sores, there is a risk that the needle punctures could contribute to another cold sore eruption. If you are using aspirin or any similar medication, you should be aware that these may increase the bruising and bleeding at the injection site.

How long does the effect last?

Since Restylane™ is a substance very similar to your own skin, the same ongoing processes (such as ageing) that change the structure of your skin will also alter the implant. Eventually the implant totally disappears from the body.

How long the effect of Restylane™ treatment lasts is very individual. It depends on many factors, such as the structure of the skin, lifestyle and age as well as on the degree of perfection demanded by the individual. Most people choose to have a new treatment within a year after treatment of wrinkles and folds and after a lip treatment within half a year.

What will my skin look like without touch-up treatment?

The correction will gradually disappear until your skin looks just as it did before the treatment. Touch up injections will help you maintain your correction.

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If you would like to arrange a consultation, please fill in the online form at www.michaeldgraham.co.uk or, contact us by telephone at 01305 267 687. Arranging a medical consultation does not obligate you to anything other than attending the appointment. There is no obligation to proceed with treatment. This is entirely a matter for your decision, after the surgeon has decided on the feasibility and accepted you as suitable.